



EPA EATING DISORDERS SECTION REPORT 2020

SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Palmiero MONTELEONE

Co-chairperson: Prof. Janet TREASURE

Secretary: Prof. Dr. Gabriella MILOS

Councillor:

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: June, 2020

Venue: Online

ACTIVITIES OF THE SECTION IN 2020:

Meetings/events

ED Section Workshop at the EPA Virtual Congress: The Value of Treatment for Brain Disorders - Eating disorders. A joint EPA & EBC Project

Description:

The European Brain Council (EBC) initiated a two-year research project (2015-2017) on the Value of Treatment for Brain Disorders. The European Psychiatric Association (EPA) together with Gamian Europe proposed Eating Disorders as a new case study to include the topic of "Transition of Care across age groups and services". This has involved a care Pathway Analysis followed by an Economic Evaluation Study. It is hoped that the project will lead to policy recommendation on how to improve the care pathway. In this workshop we present the findings from the midway milestone and offer the opportunity for feedback and discussion with the wider European community.

Chairs:

Palmiero Monteleone, Italy Janet Treasure, United Kingdom

Speakers:

Care Pathways Overview (Improving Transitions from Inpatient care: collaborative digital solutions.). Janet Treasure, United Kingdom

The economic analysis.



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Eva Bonin, United Kingdom

The transition into care: reducing the duration of untreated illness. Umberto Volpe, Italy

Policy considerations from the professional perspective. 1. Fernando Fernandez-Aranda, Spain

Policy considerations from professional perspective. 2. Philip Gorwood, France

Policy considerations from the family and carer. Miia Männikkö, Finland

Location: EPA Virtual Congress

Start date: 04/07/2020

End date: 07/07/2020

Presentations at non-section events

Eating disorders Psychopathology challenged by Network Analysis

Setting:

EPA Virtual Congress, July 2020

Symposium: Personalised Psychiatry and its impact on treatment and outcome in Eating Disorders

Presenter: Dr. Alessio M. Monteleone

Event Start date: 04/07/2020

Event End date: 07/07/2020

Acknowledged as official Section presentation? Yes

Other Section activities

Description:

"Pathways to specialist care for patients with eating disorders"

The EPA Section on Eating Disorders (EDs), in collaboration with the ED section of the World Psychiatric Association, launched a study on the way ED patients come to be referred to specialist ED units. We hope to discover the reasons of barriers and delays, which occur when



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people agree to undergo a specialist clinical evaluation and we hope that the results of this study can be useful to improve our clinical services for patients. This is important on the light of the better outcome of early interventions in EDs. In brief, the study includes a survey consisting in a short (10-15 mins) online standardized interview where clinicians will ask patients to provide information on their seeking care process. The study will last two working months and will gather information about every patient first attending the specialized ED unit (the only exclusion criterion is that the patient must not be previously referred to any other ED unit along the past 12 months).

Up to now, forty centres specialized in treatment of Eating disorders agreed to participate.

Event Start date: 01/10/2020

Event End date: 28/02/2021

FUTURE ACTIVITIES:

FUNDING IN 2020

Income: NONE Source(s) of funding:

NONE

Expenditure: NONE Balance: ZERO

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No